

Chit Chat

A Newsletter for Families
of NDNCC



May – June 2016



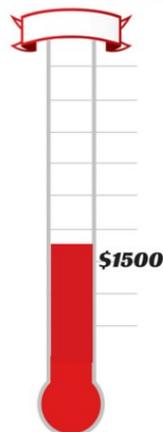
Newark Day Nursery & Children's Center



WALK FOR A
HEALTHY
COMMUNITY



HIGHMARK®

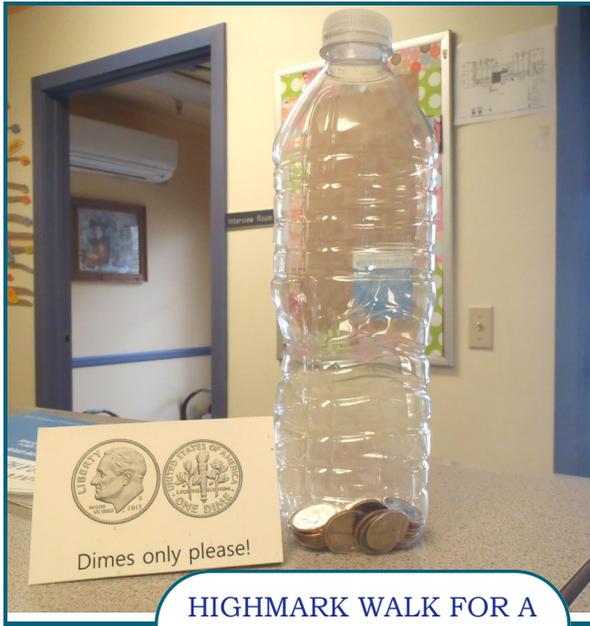


THANK
YOU!



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HIGHMARK WALK FOR A HEALTHY COMMUNITY

Help Us Meet Our Goal!

Where Does the Money Go?

- 100% of all funds raised by NDNCC walkers will be given to NDNCC! Highmark does not keep any of the funds raised.
- Every dollar raised impacts a child's life and development
 - Helps maintain affordable tuition rates for every family
 - Supports our scholarship program
- Helps NDNCC provide enrichment experiences at no additional cost to our families, including, but not limited to, Chinese Culture class, ballet, music class, cooking class, vision screenings, developmental screenings, S.T.E.M. club, picnics, Fall and Spring fests, and special guests visitors and performers.

Upcoming Events

PRE-K GRADUATION

Friday, June 3rd , 10am
 NDNCC Multipurpose Room
 RSVP by Wednesday, May 25th
 Lunch Will Be Served

Welcome to
Kindergarten!



Thank You!

SCHOLASTIC BOOK FAIR

Thank you to everyone who helped in making our Scholastic Book Fair a great success. We sold over 400 books and are able to replenish our classroom libraries with some new, updated, age appropriate reading material.



JOE CORBI'S

Thanks to your support, we were able to raise over \$600 through our Joe Corbi's Fundraiser!





Parents in Action

LANGUAGE AND LITERACY

Recap of the Language and Literacy Parent

Empowerment Session:

Did you know a rich language environment creates better readers?

On Thursday, April 21, Read-a-Loud Delaware presented a Parent Session on Language and Literacy for our ECE families. Thank you to the families who attended!

Some of the great activity ideas presented included making

a rhyming box with collected items around the house for your child to match and say the rhymes, making a memory book of field trips to the grocery store, park, and other local attractions and using those experiences to build new language into your child's vocabulary, and making a feel and say grab bag for your child to pick up an item, without looking, and describe what they feel and have them guess what the item is.

A few predictable books mentioned at the session that promote language development include *If you Give a Mouse a Cookie* by Laura Numeroff, *Brown Bear, Brown Bear* by Bill Martin Jr., and *Chicka Chicka Boom Boom* by John Archambault.

DO MORE 24 DELAWARE

Thursday, June 2 from 12:01am to 11:59pm NDNCC is participating in Do More 24 Delaware. Powered by United Way of Delaware, Do More 24 Delaware is a local movement that encourages donors to contribute to the causes and organizations closest to their hearts to solve our region's most pressing challenges. You can click

[HERE](#) to contribute to NDNCC, or visit

www.domore24delaware.com.

DO MORE

One day. Our community.

06.04.15



WHY DO KIDS ASK, "WHY?"

Children's innate curiosity plays a big part in their "why" questions. Their curiosity about the world around them helps to build concepts, skills, vocabulary, and understanding of the unknown. Read this article to understand how you can help channel their curiosity and need to know why so that you help foster learning in a positive way.

Full Article [HERE](#)



New Activities



MOTHER GOOSE

On March 24th and 25th, Mother Goose visited all of the ECE children singing nursery rhymes and dancing with her Goose Puppet. The children had a great time playing with Mother Goose!



WEEK OF THE YOUNG CHILD

Week of the Young Child was April 11-15. The ECE children received a special visit from Clem Bowen, a children's storyteller, and a visit from the Wilmington Police K9 Unit.



NEW MENUS ARE OUT!

View the Menus for May—October [HERE!](#)



EATINGWELL ENERGY BARS



The great thing about this recipe is that you can substitute the ingredients for your personal favorites!

Ingredients

- * 1 cup lightly salted Dry-Roasted Peanuts, coarsely chopped
- * 1/2 cup crispy Brown Rice Cereal
- * 1/2 cup old-fashioned or quick-cooking Rolled Oats
- * 1/3 cup raw Pumpkin Seeds or Sunflower Seeds
- * 1/4 cup dried Blueberries
- * 6 dried Apricots, diced

Ingredients (continued)

- * 3 tablespoons mini Chocolate Chips
- * 5 tablespoons Brown Rice Syrup or Light Corn Syrup

Directions

1. Preheat oven to 325°F. Line the bottom and sides of an 8-inch-square baking pan with foil and coat with cooking spray.
2. Combine peanuts, rice cereal, oats, pumpkin (or sunflower) seeds, blueberries, apricots and chocolate chips in a large bowl. Drizzle with syrup and gently stir until thoroughly combined. Spread in the prepared baking pan. Coat another piece of foil with cooking spray and place on the bar mixture, sprayed-side down. Place another pan on top and press firmly to compress the mixture. (Pressing before baking helps the bars hold together after baking.) Remove top pan and foil.
3. Bake until just beginning to turn golden at the edges, 20 to 24 minutes (metal pan) or 30 to 35 minutes (glass pan). Cool in the pan on a wire rack for 10 minutes.
4. Carefully lift the baked square out of the pan by holding the edges of the foil and place on a cutting board, leaving the foil underneath. Cut in half, then cut each half crosswise into 6 bars. Let cool completely before lifting the bars off the foil.

Tips & Notes

Make Ahead Tip: Store airtight between sheets of wax paper for up to 1 week. Or individually wrap in plastic and freeze.

Nutrition: Per bar: 167 calories; 9 g fat (2 g sat, 4 g mono); 0 mg cholesterol; 19 g carbohydrates; 6 g added sugars; 5 g protein; 2 g fiber; 28 mg sodium; 175 mg potassium.

Carbohydrate Servings: 1

Exchanges: 1/2 starch, 1/2 carbohydrate (other), 2 fat

Calendar

May 2016

| Su | Mo | Tue | We | Th | Fri | Sat |
|----|----|-----|----|----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

May:

- 27 CSD Closed
- 27 NCS Weather Contingency Day
- 30 CSD & NCS Closed

June 2016

| Su | Mo | Tue | We | Th | Fri | Sat |
|----|----|-----|----|----|-----|-----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

June:

- 2 Do More 24
- 4 Highmark Walk
- 9 NCS Last Student Day
- 10 SAC Closed
- 15 CSD Last Student Day
- 15 Annual Family Picnic



Reminders

PROFILE PICTURES

In the next few weeks, Erin, Tracey, and volunteers will be asking families and friends listed on the pick-up list for photos. We use these photos, along with your photo IDs, for internal use only to help us identify people that come into our center. Be ready to smile for the camera!



FAMILY RESOURCE ROOM

Did You Know?

Thanks to generous donations, we have a Food Pantry available to our NDNCC families.

Stop by, check it out, and see what other resources we have to offer!

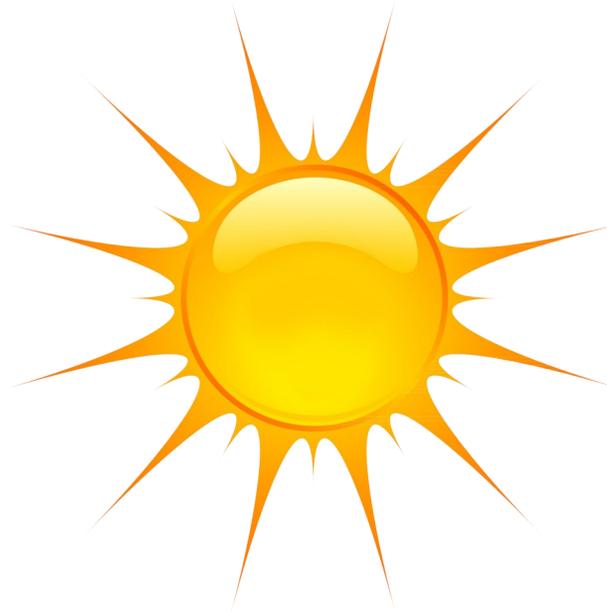


Helpful Links



Attention Shoppers!

Do you shop at Amazon.com? By clicking [here](#) when you're ready to shop, a portion of your purchases will benefit NDNCC!



LINKS

- ◇ [NDNCC on the Web](#)
- ◇ [NDNCC on Facebook](#)
- ◇ [Delaware Office of Early Learning Newsletters](#)



ONLINE REGISTRATION IS NOW OPEN!

Join us and make a difference one step at a time.

Click on "Our Locations" Select "Wilmington" Click "Register Now" or "Donate Now"; choose Newark Day Nursery and Children's Center as your organization.

Join a team, create your own, walk or donate!



SATURDAY, JUNE 4
BELLEVUE STATE PARK
WILMINGTON, DE

Registration at the Figure 8 Barn: 7:45 a.m.
5K Walk: 9:00 a.m.
One-Mile Fun Walk: 9:15 a.m.

WWW.WALKFORAHEALTHYCOMMUNITY.ORG