

Chit Chat

A Newsletter for Families
of NDNCC



Jan. – Feb. 2017



Newark Day Nursery & Children's Center



Winter Wonderland

at NDNCC

"I wonder if the snow loves the trees and fields, that it kisses them so gently? And then it covers them up snug, you know, with a white quilt; and perhaps it says, "Go to sleep, darlings, till the summer comes again." -- Lewis Carroll

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From the Executive Director

Dear NDNCC Families,

Happy New Year! I hope the holiday season was full of joy for you and your loved ones. Thanks to each of you for brightening the season for us. I'm writing today to share two exciting updates. The first is that NDNCC will be opening an additional early childhood education classroom in February. The second update is that NDNCC has entered into a new partnership with The Center for Child Development.

Beginning February 6, 2017, NDNCC will open a sixth classroom for early childhood education. This room will maintain the same quality and standards of our current ECE program, but will be unique in two ways. First, the classroom will be a mix of children ages 3 and 4. Second, the room will offer part-time care options. Families will be able to choose from the following three options – full-time (five days per week), part-time (three days per week – Monday, Wednesday, and Friday), and part-time (two days per week – Tuesday and Thursday). It is our hope that these options will benefit families with non-traditional work schedules, and those with a stay-at-home parent who wish to help prepare their child for Kindergarten. We are also pleased to announce that Ms. Lauren, who was the Head Teacher in Tweenies before leaving to grow her own family, will be returning as the Head Teacher in our new room. She and Ms. LeAnna will be working together to identify the perfect Assistant Teacher to join the team.

We anticipate that some of you may be interested in taking advantage of our new part-time care options. Tuition information will be available at the front desk for your review. If you decide a part-time option is best for your child, you can pick up a form to request a contract change at the front desk. The room's capacity will be 20 children per day. Families wishing to make this change may do so as long as space is available.

I'm also excited to share news of our new partnership with The Center for Child Development (CCD). The CCD partners with schools to provide mental health services through trained, professional therapists. The therapists specialize in issues such as depression, anxiety, low self-esteem, poor social skills, anger management, etc. Counseling is offered on a voluntary basis and provided in the school setting. Services offered by the CCD include individual, family and group counseling, as appropriate, and Parent-Child Interaction Therapy (PCIT), which is especially effective with children ages 2-7 who are exhibiting emotional and behavioral difficulties.

We are delighted that the CCD will now be offering their services at NDNCC. I have attached additional information from the CCD, including a consent form. Please note that NDNCC's role in this partnership is to facilitate the connection between you and the CCD, and to provide a safe and nurturing environment for the services provided. No child will participate without parental consent. You and/or your insurance company will receive the bill for any services rendered.

I recognize that considering such services can be challenging and, at times, uncomfortable. We all face challenges throughout our lives, and having a strong support system makes facing and surmounting those challenges that much easier. This is especially true with children, who are that much more sensitive and delicate in nature. This is why having healthy options and tools are vital when experiencing physical and emotional changes. The guidance of a professional can be very beneficial when navigating these challenges and changes. This partnership is just one method to help ensure the best outcomes for your child.

As always, I am happy to answer any questions. I look forward to a prosperous new year, and I thank you for trusting us with your child(ren)'s care and well-being.

Sincerely,

John Fisher-Klein

Upcoming Events

Join us for
"Funds for Friends"
benefiting



at



Wednesday, January 18, 2017

5 PM—8 PM

*20% of your bill will be donated to
Newark Day Nursery &
Children's Center*



FUNDS for FRIENDS

Come out for food, fun and fundraising!
Present this flyer on the date below and
The Greene Turtle will donate 20% of the sale.

Newark Day Nursery & Children's Center

ORGANIZATION

January 18, 2017

DATE OF EVENT

250 S. Main Street | Newark, DE 19711
302-454-1592 | thegreeneturtle.com



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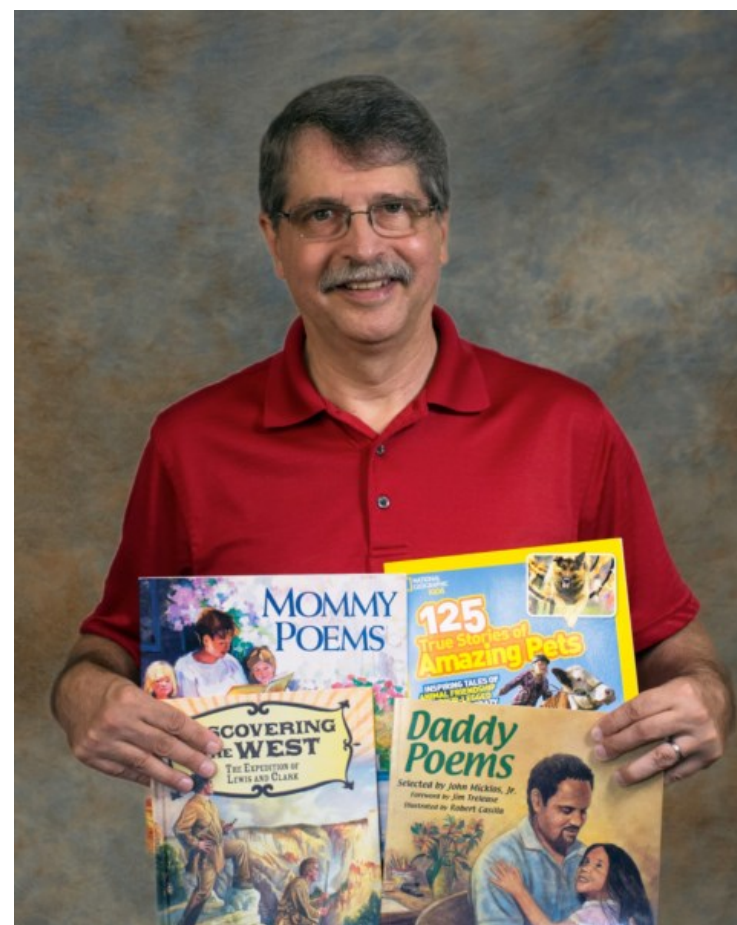
Upcoming Events



SAVE THE DATE

NDNCC will be having a Family Literacy Night on Friday, March 31, 2017 from 6:00-7:30pm. John Micklos, a local children's author, will be our guest speaker for the evening. All NDNCC families are invited to attend with their children.

Learn more about John Micklos [HERE](#)



Thank You!

SAC 4



SAC 2



Pre-K



SAC 3



DOOR DECORATION CONTEST '16

Thank you for participating by voting for our Annual Classroom Door contest. SAC 2 & 4 won and tied for first place. Pre-K won 2nd place, and SAC 3 won 3rd place. The children enjoyed helping with many of the doors and walking the halls to see everyone's unique creations.

New Activities



THE IMAGINATION PLAYERS

On Thursday, December 22, 2016, a local choral group called “The Imagination Players” visited the ECE classes to sing Holiday songs. The children enjoyed the active, engaging experience.



Buddha Bowls

101

BASE



VEGGIES



PROTEIN



COMPLEX CARBS



SWEET



CRUNCH



FLOURISH

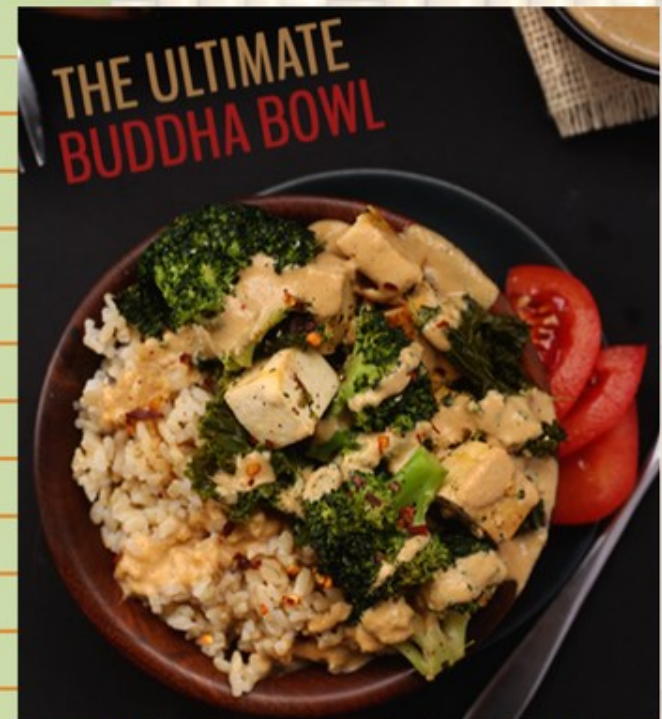


Ingredients

- 1 cup uncooked brown rice
- 1/2 head of kale, destemmed and chopped
- 1 head broccoli, chopped into florets
- 1 small chicken breast, cut into bite-sized pieces
- 1 Tbsp coconut oil
- 1 garlic clove, minced
- 1/4 cup water
- 1/2 tsp salt
- 1/4 tsp freshly ground black pepper
- 2 tomatoes, sliced

Buddha Sauce

- 1 tsp coconut oil
- 1 small onion, chopped
- 1 garlic clove, minced
- 1/4 cup natural peanut butter
- 1 1/2 Tbsp rice wine vinegar
- 2 Tbsp tamari
- 1/2 tsp sesame oil
- 1 tsp freshly minced ginger
- 1/4 cup water



Buddha Bowls

Directions

- Cook rice according to package instructions
- Add half of coconut oil to a large pot and heat over medium-high heat.
- Add garlic and cook for 1 min
- Add broccoli and kale and 1/4 cup water and cover immediately to steam for 3 mins.
- Cook for another 2 minutes before removing and setting aside.
- Add in other half of coconut oil, chicken, salt and pepper and cook until chicken has browned on each side (7-10 mins).
- Remove chicken and add to bowl with broccoli and kale.

Buddha Sauce

- Bring pot back up to medium-high heat and add 1 tsp of coconut oil.
- Add in onion and cook for 3-4 mins or until translucent.
- Add garlic and cook for 1 min.
- Add onion and garlic to a blender or food processor along with all other buddha sauce ingredients. Blend until well-combined.
- Divide rice and top with chicken-veggie mixture. Drizzle with buddha sauce and mix to combine.
- Add freshly sliced tomatoes, if desired.

Compliments of The Healthy Maven Want more recipes? Check this out!

Calendar

January 2017

Su	Mo	Tue	We	Th	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January:

2 NDNCC Closed

16 NDNCC Closed

February 2017

Su	Mo	Tue	We	Th	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

February:

17 CSD & NCS Closed

20 NDNCC Closed -

In-Service Day



Helpful Links

- ◇ [NDNCC on the Web](#)
- ◇ [NDNCC on Facebook](#)
- ◇ [Delaware Office of Early Learning News-letters](#)



Attention Shoppers!

Do you shop at Amazon.com? By clicking [here](#) when you're ready to shop, a portion of your purchases will benefit NDNCC!

