



Breakfast Menu: May through October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5/6, 6/10, 7/15, 8/19 9/23, 10/21	Milk WG Waffles Diced Peaches	Milk WG Toast Hard Boiled Egg Diced Pears	Milk WG Bagel w/ Cream Cheese Mixed Fruit	Milk WG French Toast Warm Apple slices	Milk Cereal: WG Kix Bananas
Week Two 5/13, 6/17, 7/22, 8/26 9/30	Milk WG CN Pancakes Diced Pears	Milk WG Waffle Fruit Cocktail	Milk WG Toast Scrambled Eggs Diced Peaches	Milk WG French Toast Sticks Applesauce	Milk Cereal: WG Cheerios Bananas
Week Three 5/20, 6/24, 7/29, 9/2, 10/7	Milk WG Pillsbury Bagel w/ Cream Cheese Applesauce	Milk Egg Patties Diced Peaches	Milk WG Toast Turkey Sausage Mandarin Oranges	Milk WG CN Pancakes Fruit Cocktail	Milk Cereal: WG Cinnamon Toast Crunch Bananas
Week Four 5/27, 7/1, 8/5, 9/9, 10/14	Milk WG Biscuits Hard Boiled Egg Peaches	Milk Turkey Sausage Pineapples	Milk WG French Toast Mixed Fruit	Milk WG CN Pancakes Applesauce	Milk Cereal: WG Chex Bananas
Week Five 6/3, 7/8, 8/12, 9/16, 10/21	Milk WG Waffles Diced Peaches	Milk WG Biscuit Turkey Sausage Applesauce	Milk WG Toast Scrambled Eggs Diced Pears	Milk WG CN Pancakes Warm Apple Slices	Milk Cereal: WG Cheerios Bananas

* We serve only whole milk to children between the ages of 1 and 2. We serve only 1% milk to children ages 2 and older.

** WG = Whole Grain; CN = Child Nutrition Label (indicating the manufacturer certifies the nutritional validity for children); HM = Homemade

*** Tossed Salad includes iceberg and romaine lettuce, carrots, and purple cabbage.

**** Veggies served with dip includes broccoli, and carrots; Fruit and Veggie Bowl includes Carrot sticks, pineapple or melon chunks.

Children will be served a different meal on field trips. For every field trip, lunch will consist of a turkey and cheese wrap/ sandwich, sliced apples, baby carrots, and 100% fruit juice



Lunch Menu: May through October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5/6, 6/10, 7/15, 8/19 9/23, 10/21	Milk WG Roll CN Chicken Parmesan Steamed Broccoli Diced Pineapple	Milk WG Fish Sandwich Roasted Potato Wedges Apricot	Milk Grilled Cheese on WG Bread HM Veggie Pasta Salad Mandarin Oranges	Milk WG Roll Ground Turkey Sloppy Joe Peas Tropical Fruit	Milk WG CN Pizza Tossed Salad Fresh Apples
Week Two 5/13, 6/17, 7/22, 8/26 9/30	Milk WG Slider Rolls WG CN Chicken Sliders Diced Carrots Mandarin Oranges	Milk WG Bread HM Cheese or CN Beef Ravioli Mixed Vegetables Apricots	Milk WG Rice HM Chicken Stir Fry Steamed Broccoli Diced Pineapples	Milk WG Bread WG CN Fish Nuggets Peas Tropical Fruit	Milk WG Roll Cheeseburger Corn Apple Slices
Week Three 5/20, 6/24, 7/29, 9/2, 10/7	Milk WG Bread CN Beef Meatballs Steamed Cauliflower Diced Pineapples	Milk WG Bread CN Chicken Nuggets Peas Tropical Fruit	Milk WG Sub Roll Baked Turkey Breast and Cheese Hoagies Fresh Baby Carrots Diced Pears	Milk WG Bread WG Baked Penne Pasta W/ Chicken Steamed Spinach Apricots	Milk WG CN Pizza Tossed Salad Apple Slices
Week Four 5/27, 7/1, 8/5, 9/9, 10/14	Milk WG Roll CN Turkey Hot Dog Vegetarian Beans Diced Pears	Milk WG Waffles and WG Chicken Steamed Broccoli Cinnamon Apples	Milk WG Bread HM Turkey Macaroni Steamed Peas Tropical Fruit	Milk WG Rice and Red Beans Oven Roasted Chicken Steamed Green Beans Diced Peaches	Milk WG Roll Cheeseburger Corn Apple Slices
Week Five 6/3, 7/8, 8/12, 9/16, 10/21	Milk WG Rice HM Beef Stir Fry Steamed Broccoli Mandarin Oranges	Milk WG Bread Baked Turkey w/ Gravy Mashed Potato Corn Diced Pineapples	Milk WG Garlic Roll HM WG Baked Ziti Green Beans Apricots	Milk WG Slider Rolls WG CN Chicken Sliders Cauliflower Tropical Fruit	Milk WG CN Cheese Pizza Tossed Salad Apple Slices

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*** Tossed Salad includes iceberg and romaine lettuce, carrots, and purple cabbage.

**** Veggies served with dip includes Fresh broccoli, and carrots Fruit and Veggie Bowl includes Carrot sticks, pineapple or melon chunks.

Children will be served a different meal on field trips. For every field trip, lunch will consist of a turkey and cheese wrap or sandwich, fresh fruit, baby carrots, and fruit juice.



Snack Menu: May through October 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5/6, 6/10, 7/15, 8/19 9/23, 10/21	Milk WG Churros	Fruit Juice Fat Free Fruit Yogurt	Milk or Water WG Crackers Cheese Cubes	Milk Seasonal Fresh Fruit Salad	Milk Soft WG Pretzels
Week Two 5/13, 6/17, 7/22, 8/26 9/30	Milk or Water WG Graham Crackers Apple Slices	Milk or Water WG Cantaloupe and WG Crackers	Milk WG Teddy Grahams	Fruit Juice Vegetables and Dip	Fruit Juice WG Goldfish Crackers Tropical Fruit
Week Three 5/20, 6/24, 7/29, 9/2, 10/7	Milk Carrot Sticks and Hummus	Milk WG Tortilla Chips and Vegetable Salsa	Milk or Water Tuna and Crackers	Milk Seasonal Fresh Fruit Salad	Milk Soft WG Pretzels
Week Four 5/27, 7/1, 8/5, 9/9, 10/14	Milk Fruit and Veggie Bowl	Milk or Water WG English Muffin w/ Cream Cheese	Milk Cinnamon WG Tortilla Chips Strawberry Mango Salsa	Milk Fresh Oranges	Fruit Juice WG Goldfish Crackers Fruit Cup
Week Five 6/3, 7/8, 8/12, 9/16, 10/21	Milk or Water WG Bagels w/ Strawberry Cream Cheese	Fruit Juice WG Tortilla Chips and Guacamole	Milk Vegetables and Dip	Milk Fresh Pears	Fruit Juice Chex Mix

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*** Tossed Salad includes iceberg and romaine lettuce, carrots, and purple cabbage.

**** Veggies served with dip include broccoli, and carrots. Fruit and Veggie Bowl includes Carrot sticks, pineapple or melon chunks.

Children will be served a different meal on field trips. For every field trip, lunch will consist of a turkey and cheese wrap or sandwich, fresh fruit, baby carrots, and fruit juice.