



Breakfast Menu: November 2018 through April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 11/5, 12/10,1/14, 2/18, 3/25 4/29	Milk WG Waffle Applesauce	Milk WG Oatmeal Diced Peaches	Milk WG Toast CN Hard Boiled Egg Diced Pears	Milk WG Bagel w/ Cream Cheese Fruit Cocktail	Milk WG Kix Cereal Banana
Week Two 11/12, 12/17, 1/21, 2/25, 4/1,	Milk WG French Toast Sticks Applesauce	Milk Turkey Sausage Tropical Fruit	Milk WG Toast Scrambled Egg Diced Peaches	Milk WG Pancakes Diced Pineapples	Milk WG Cheerios Cereal Banana
Week Three 11/19, 12/24, 1/28, 3/4, 4/8	Milk WG Pillsbury Bagel w/ Cream Cheese Diced Pineapples	Milk WG Cream Of Wheat Blueberries	Milk WG Biscuits w/ CN Egg Patties Mixed Fruit	Milk WG CN Pancakes Sausage Sticks Warm Sliced Apples	Milk WG Chex Cereal Banana
Week Four 11/26,12/31, 2/4 3/11, 4/15	Milk WG French Toast Diced Pineapples	Milk WG Oatmeal Diced Peaches	Milk WG Biscuits CN Hard Boiled Eggs Diced Pears	Milk WG Pancakes Applesauce	Milk WG Cheerios Cereal Banana
Week Five 12/3, 1/7, 2/11 3/18, 4/22	Milk WG French Toast Sticks Diced Pineapples	Milk Turkey Sausage Diced Peaches	Milk WG Toast Scrambled Egg Diced Pears	Milk WG CN Pancake Sausage Sticks Applesauce	Milk WG Cinnamon Toast Crunch Banana

* We serve only whole milk to children between the ages of 1 and 2. We serve only 1% milk to children ages 2 and older.

** WG = Whole Grain; CN = Child Nutrition Label (indicating the manufacturer certifies the nutritional validity for children); HM = Homemade LF= Lowfat

*** Tossed Salad includes iceberg and romaine lettuce, carrots, and purple cabbage.

**** Veggies served with dip include broccoli, and carrots. **Milk /Water Alternative = When dairy/protein option is satisfied during snack children may choose to drink water rather than milk or juice where indicated. On all other days and meals only Milk Will be served. Children with Special dairy restrictions must still be served the alternative source indicated.

Children will be served a different meal on field trips. For every field trip, lunch will consist of a turkey and cheese wrap or sandwich, fresh fruit, baby carrots, and fruit juice.



Lunch Menu: November 18 through April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 11/5, 12/10, 1/14, 2/18, 3/25 4/29	Milk WG Bread WG CN Chicken Parmesan Spinach Diced Pineapples	Milk WG Roll or WG Rice and Red Beans Oven Roasted Chicken Green Beans Tropical Fruit	Milk WG Roll WG Fish Nuggets Steamed Broccoli Strawberry Applesauce	Milk WG Roll Beef Meatballs Peas Mandarin Oranges	Milk WG CN Cheese Pizza Tossed Salad Fresh Apple Slices
Week Two 11/12, 12/17, 1/21, 2/25, 4/1,	Milk WG Rice HM Beef Stir Fry Steamed Broccoli Diced Pears	Milk WG Tortilla HM Chicken Taco Green Beans Strawberry Applesauce	Milk WG Garlic Bread WG HM Baked Ziti Steamed Spinach Fruit Cocktail	Milk WG Bread Chicken Sliders Steamed Cauliflower Mandarin Oranges	Milk Cheeseburgers WG Roll Corn Apple Slices
Week Three 11/19, 12/24, 1/28, 3/4, 4/8	Milk WG Bread WG CN Chicken Nuggets Diced Carrots Diced Peaches	Milk WG HM Beef Macaroni and Cheese Cauliflower Tropical Fruit	Milk WG Rice Orange Chicken Oriental Veggies Strawberry Applesauce	Milk WG Roll Sloppy Joe Green Beans Mandarin Oranges	Milk WG CN Cheese Pizza Tossed Salad Apple slices
Week Four 11/26, 12/31, 2/4 3/11, 4/15	Milk WG Bread Baked Turkey Ham Sweet Potatoes Tropical Fruit	Milk WG Waffles and WG Chicken Steamed Broccoli Cinnamon Apples	Milk WG Roll Beef Hotdog Vegetarian Beans Fruit cocktail	Milk WG Bread HM Creamy Chicken Pasta Green Beans Mandarin Oranges	Milk Cheeseburgers WG Roll Corn Apple Slices
Week Five 12/3, 1/7, 2/11 3/18, 4/22	Milk WG Bread Beef Meatballs Diced Carrots Strawberry applesauce	Milk WG Bread Baked Turkey Breast and cheese Chicken Vegetable soup Mandarin Oranges	Milk WG Bread CN Beef or Cheese Ravioli Peas Tropical Fruit	Milk WG Rice Orange Chicken Oriental Veggie Fruit cocktail	Milk WG CN Cheese Pizza Tossed Salad Fresh Apple Slices

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Snack Menu: November 2018 through April 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 11/5, 12/10,1/14, 2/18, 3/25 4/29	100% Fruit Juice or Water WG Tortilla Chips & Veggie Salsa	Milk or Water WG English Muffins w/ LF Cottage Cheese	Milk or Water WG Crackers String Cheese	100% Fruit Juice or Water Fresh Veggie and Dip	Milk WG Soft Pretzels
Week Two 11/12, 12/17, 1/21, 2/25, 4/1,	Milk Fresh Baked WG Churros	Milk WG GoldFish	Milk or Water Mini WG Bagels w/LF Strawberry Cream Cheese	Milk Fresh Melon	100% Fruit Juice Light Fruit Yogurt
Week Three 11/19, 12/24, 1/28, 3/4, 4/8	Milk or Water Cheese Cube WG Crackers	Milk Carrot Sticks and Hummus	100 % Fruit Juice Tuna WG crackers	Milk Fresh Fruit Salad	Milk WG Hard Pretzels
Week Four 11/26,12/31, 2/4 3/11, 4/15	Milk WG Graham Crackers	Milk or Water WG Bagels w/LF Cream Cheese	Milk or Water Fresh Broccoli and Cauliflower	100% Fruit Juice or Water Fresh Fruit Salad	100% Fruit Juice Chex Mix
Week Five 12/3, 1/7, 2/11 3/18, 4/22	Milk WG Goldfish	Milk Fresh Veggies and Dip	100% Fruit Juice WG Crackers String Cheese	Milk Or Water WG Tortilla Chips & Veggie Salsa	Milk WG Graham Crackers

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